



# SOUTH BANK

BISTRO & BAR

## LUNCH MENU

**SERVED FROM 12.00PM - 4.00PM**

## **GOURMET SANDWICHES** AVAILABLE UNTIL 4.00PM

### **THE GRAND CLUB SANDWICH** €19.95

Triple Decker with Grilled Chicken, Bacon, Cheddar Cheese, Egg, Lettuce, Tomato, Mayonnaise with Salad & Fries (1.1,3,6,7,10,12)

### **CHIMICHURRI SPICED 6oz SIRLOIN STEAK SANDWICH** €24.50

On Toasted Ciabatta with Red Onion Jam & Rocket, Served with House Fries & Pepper Sauce (1.1,7)

### **OPEN SMOKED SALMON SANDWICH** €18.95

Hope Stout Brown Bread, Crème Fraiche, Capers & Onion (1.1,3,4,7,12)

### **PULLED PORK & APPLE BURRITO** €18.50

Tomato, Cheese, Guacamole & Spicy Slaw  
Served with House Fries(1.1,3,6,7,12)

## **SOUP & SANDWICHES** AVAILABLE UNTIL 4.00PM

### **SEAFOOD CHOWDER** (1.1,2.2,4,7,9,12,14) €15.00

### **CHEF'S DAILY VEGETABLE SOUP** €9.50

Served with Homemade Soda Bread (1.1,7,9,12)

### **CHEF'S DAILY VEGETABLE SOUP & SANDWICH** €14.95

Soup of the Day served with a Custom Sandwich from Below  
(1.1,7,9,10,12)

### **SANDWICHES** (1.1,7) €10.50

The below are served with Crisps & Salad Garnish (1.1,7,9,10,12)

#### **CHOOSE YOUR BREAD**

White Bread, Brown Bread or Sourdough (1.1)

Ask your server for Gluten Friendly Option

#### **CHOOSE UP TO THREE FROM FOLLOWING FILLINGS**

Lettuce, Cucumber, Onion, Tomato, Egg Mayonnaise (3,10), Grated Cheddar Cheese (7)

#### **ADDITIONAL FILLINGS - €1.20 PER ITEM**

Irish Ham (12), Chicken Fillet (6), Tuna Mayonnaise (3,4,10), Bacon (12), Italian Salami (12)

ALLERGENS: 1. 1. GLUTEN (1.1 WHEAT, 1.2 RYE, 1.3 BARLEY, 1.4 OATS), 2. CRUSTACEANS (2.1 CRAB, 2.2 PRAWNS, 2.3 LOBSTER, 2.4 CRAYFISH), 3. EGGS, 4. FISH, 5. PEANUT, 6. SOYBEANS, 7. MILK, 8. NUTS (8.1 ALMONDS, 8.2 HAZELNUTS, 8.3 WALNUTS, 8.4, CASHEWS, 8.5 PECAN NUTS, 8.6 BRAZIL NUTS, 8.7 PISTACHIO NUTS, 8.8 MACADAMIA NUTS, 8.9 PINE NUTS) 9. CELERY, 10. MUSTARD, 11. SESAME SEED, 12. SULPHUR DIOXIDE & SULPHATES, 13. LUPIN, 14. MOLLUSCS (14.1 MUSSELS, 14.2, OYSTERS, 14.3 SQUID, 14.4 SNAILS)

ALL BEEF IS OF IRISH ORIGIN UNLESS OTHERWISE STATED. WHILST ALL PRECAUTION IS TAKEN WHILE PREPARING FOOD IN OUR KITCHENS, OUR KITCHEN IS NOT A NUT AND GLUTEN FREE ENVIRONMENT.

# LUNCH MAINS

AVAILABLE UNTIL 4.00PM

## IRISH HEREFORD BEEF BURGER

€22.95

Cheddar Cheese, Smoked Bacon, Tomato, Caramelised Onion Relish, in a Brioche Bun, Served with House Fries (1.1,3,6,7,10,12)

## FRESHLY BATTERED FISH OF THE DAY

€25.00

With Tartare Sauce, Mushy Peas & House Fries (1.1,3,4,7,10,12)

## CHICKEN CURRY

€23.50

Mango & Banana Chutney, Steamed Basmati Rice & Poppadom (1.1,6,9,12)

## BUTTERNUT SQUASH CURRY

€21.95

Mango & Banana Chutney, Steamed Basmati Rice & Poppadom (1.1,6,9,12)

## ARRABBIATA MACARONI

€19.50

Italian Tomato Sauce with Spicy Chilli Peppers (1.1,3,4,7,12)

**Add Chicken €2.95    Add Prawns €4.65**

## KOREAN STYLE FRIED CHICKEN BURGER

€22.50

Brioche Bun, Gochujang Mayo, Kimchi, Beef Tomato with Asian Slaw & House Fries (1.1,3,4,6,7,12)

ALLERGENS: 1. 1. GLUTEN (1.1 WHEAT, 1.2 RYE, 1.3 BARLEY, 1.4 OATS), 2. CRUSTACEANS (2.1 CRAB, 2.2 PRAWNS, 2.3 LOBSTER, 2.4 CRAYFISH), 3. EGGS, 4. FISH, 5. PEANUT, 6. SOYBEANS, 7. MILK, 8. NUTS (8.1 ALMONDS, 8.2 HAZELNUTS, 8.3 WALNUTS, 8.4, CASHEWS, 8.5 PECAN NUTS, 8.6 BRAZIL NUTS, 8.7 PISTACHIO NUTS, 8.8 MACADAMIA NUTS, 8.9 PINE NUTS) 9. CELERY, 10. MUSTARD, 11. SESAME SEED, 12. SULPHUR DIOXIDE & SULPHATES, 13. LUPIN, 14. MOLLUSCS (14.1 MUSSELS, 14.2, OYSTERS, 14.3 SQUID, 14.4 SNAILS)

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# SALADS

AVAILABLE UNTIL 4.00PM

## **BABY GEM CAESAR SALAD** €19.50

Crispy Baby Cos Lettuce, Bacon, Parmesan,  
Pine Nuts, Croutons with Caesar Dressing (1.1,3,7,8.9,10,12)

**Add Chicken €2.95**

## **OPEN SMOKED SALMON SANDWICH** €18.95

Hope Stout Brown Bread, Crème Fraiche, Capers & Onion (1.1,3,4,7,12)

## **BUDDHA BOWL (V)** €16.95

Avocado, Roast Squash, Chickpea, Pickled Red Cabbage, Green Lentil,  
Tofu with Tumeric, Lime, & Black Pepper Dressing (6,12)

**Add Chicken €2.95 Add Prawns €4.65**

## **WATERMELON CAPRESE SALAD** €14.95

Heirloom Tomato, Fresh Mozzarella, Ripe Peach, Basil & Rocket Oil (6,7)

## **SUPERFOOD SALAD** €14.95

Kale, Mixed Leaves, Blueberry, Goji Berry, Hazelnut, Pumpkin Seed,  
Balsamic Dressing (6,8.2)

**Add Chicken €2.95 Add Prawns €4.65**

# SIDES

AVAILABLE UNTIL 4.00PM

## **HOUSE FRIES (1.1,6)** €5.95

## **CHEF'S SELECTION OF VEGETABLES (7)** €5.95

## **BATTERED ONION RINGS (1.1,6,7)** €5.95

## **GARLIC CIABATTA BREAD (1.1,6,7)** €5.95

## **PARMESAN TRUFFLE FRIES (1.1,6,7)** €7.95

ALLERGENS: 1. 1. GLUTEN (1.1 WHEAT, 1.2 RYE, 1.3 BARLEY, 1.4 OATS), 2. CRUSTACEANS (2.1 CRAB, 2.2 PRAWNS, 2.3 LOBSTER, 2.4 CRAYFISH),  
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## SWEET TREATS

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<b>STICKY TOFFEE PUDDING</b>	<b>€8.95</b>
Vanilla Ice Cream & Raspberry Compote (1.1,3,7)	
<b>WHITE CHOCOLATE &amp; RASPBERRY PANNA COTTA</b>	<b>€8.45</b>
White Chocolate Ganache, Crunchy Tuile (1.1,3,7)	
<b>WARM BREAD &amp; BUTTER PUDDING</b>	<b>€8.95</b>
Crème Anglaise & Fruit Compote (1.1,3,7)	
<b>CHOCOLATE FUDGE MARQUISE</b>	<b>€9.95</b>
Orange Syrup, Bitter Chocolate Brittle & Blood Orange Sorbet (3,7)	
<b>POACHED FRUIT COMPOTE &amp; CUSTARD PAVLOVA</b>	<b>€8.95</b>
Crème Anglaise, Fresh Irish Vanilla Cream (3,7)	
<b>FRESH LOCAL STRAWBERRIES &amp; CREAM</b>	<b>€8.95</b>
Homemade Shortbread Biscuits (1.1,7)	
<b>SELECTION OF ICE CREAM</b>	<b>€8.60</b>
Served in a Wafer Basket (1.1,3,7)	
<b>CHEF'S SELECTION OF THREE IRISH CHEESES</b>	<b>€14.45</b>
Fresh Berries & Grapes, Celery Sticks, Assorted Biscuits & Fruit Chutney (1.1,3,7)	

## HOT BEVERAGES

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<b>AMERICANO</b>	<b>€4.40</b>
<b>ESPRESSO</b>	<b>€4.40</b>
<b>DOUBLE ESPRESSO</b>	<b>€4.40</b>
<b>CAPPUCCINO (7)</b>	<b>€4.50</b>
<b>LATTE (7)</b>	<b>€4.50</b>
<b>FLAT WHITE (7)</b>	<b>€4.50</b>
<b>HOT CHOCOLATE (7)</b>	<b>€4.50</b>
<b>POT OF TEA FOR ONE</b>	<b>€4.20</b>
<b>POT OF TEA FOR TWO</b>	<b>€6.00</b>

ALLERGENS: 1. 1. GLUTEN (1.1 WHEAT, 1.2 RYE, 1.3 BARLEY, 1.4 OATS), 2. CRUSTACEANS (2.1 CRAB, 2.2 PRAWNS, 2.3 LOBSTER, 2.4 CRAYFISH), 3. EGGS, 4. FISH, 5. PEANUT, 6. SOYBEANS, 7. MILK, 8. NUTS (8.1 ALMONDS, 8.2 HAZELNUTS, 8.3 WALNUTS, 8.4, CASHEWS, 8.5 PECAN NUTS, 8.6 BRAZIL NUTS, 8.7 PISTACHIO NUTS, 8.8 MACADAMIA NUTS, 8.9 PINE NUTS) 9. CELERY, 10. MUSTARD, 11. SESAME SEED, 12. SULPHUR DIOXIDE & SULPHATES, 13. LUPIN, 14. MOLLUSCS (14.1 MUSSELS, 14.2, OYSTERS, 14.3 SQUID, 14.4 SNAILS)

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# SOUTH BANK

BISTRO & BAR

## DINNER MENU

**SERVED FROM 4.00PM - 10.00PM**

# STARTERS

AVAILABLE 4.00PM - 10:00PM

**SEAFOOD CHOWDER** €15.00

Served with Homemade Baked Soda Bread (1.1,2.2,4,7,9,12,14)

**SPICY BUFFALO CHICKEN WINGS** €14.95

Blue Cheese Dressing & Celery (1.1,7,9,10,12)

**GOLDEN CRUMBED BRIE** €13.45

Apple & Walnut Salad with Redcurrant Jelly (1.1,3,6,7,8,12)

**CRISPY FISH CAKES** €15.45

Grilled Bok Choy, Sweet Chilli Salsa (1.1,4,6,7,9)

**CHEF'S DAILY VEGETABLE SOUP** €10.00

Served with Homemade Soda Bread (1.1,7,9,12)

# SALADS

AVAILABLE 4.00PM - 10:00PM

**BABY GEM CAESAR SALAD** €19.50

Crispy Baby Cos Lettuce, Bacon, Parmesan,  
Pine Nuts, Croutons with Caesar Dressing (1.1,3,7,8.9,10,12)

**Add Chicken €2.95**

**OPEN SMOKED SALMON SANDWICH** €18.95

Hope Stout Brown Bread, Crème Fraiche, Capers & Onion (1.1,3,4,7,12)

**BUDDHA BOWL (V)** €16.95

Avocado, Roast Squash, Chickpea, Pickled Red Cabbage, Green Lentil,  
Tofu with Tumeric, Lime, & Black Pepper Dressing (6,12)

**Add Chicken €2.95 Add Prawns €4.65**

**WATERMELON CAPRESE SALAD** €14.95

Heirloom Tomato, Fresh Mozzarella, Ripe Peach, Basil & Rocket Oil (6,7)

**SUPERFOOD SALAD** €14.95

Kale, Mixed Leaves, Blueberry, Goji Berry, Hazelnut, Pumpkin Seed,  
Balsamic Dressing (6,8.2)

**Add Chicken €2.95 Add Prawns €4.65**

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# MAINS

AVAILABLE 4.00PM - 10:00PM

## CHARGRILLED 8oz IRISH BEEF SIRLOIN STEAK €38.95

Onion Rings, Vine Tomatoes, Pepper Sauce & House Fries  
(1.1,3,6,7,9,12)

## CHEF'S DAILY FISH SPECIAL €29.50

Please ask your server for the Catch of the Day Special (1.1,4,6,7,9,12)

## ROAST SUPREME OF CHICKEN €23.95

Roasted Butternut Squash, Seasonal Vegetable, Pancetta Cream  
with Gratin Potato (3,7,9,12)

## KOREAN STYLE FRIED CHICKEN BURGER €22.50

Brioche Bun, Gochujang Mayo, Kimchi, Beef Tomato with Asian Slaw &  
House Fries (1.1,3,4,6,7,12)

## BRAISED JACOB'S LADDER BEEF RIB €27.95

Slow-braised Jacob's Ladder Beef Rib, Creamy Champ Potato,  
Seasonal Roasted Vegetables, Rich Shallot-Infused Jus (6,7,9,10,12)

## GREEN PEA & BROADBEAN RISOTTO (V) €18.50

Stuffed Courgette and Lemon Oil (6,9,12)

\*Vegan Option Available on Request

## ROAST CAULIFLOWER STEAK (V) €18.95

Curried Lentils, Beetroot Puree, Chilli Oil (6)

## IRISH HEREFORD BEEF BURGER €22.95

Cheddar Cheese, Smoked Bacon, Tomato, Caramelised Onion Relish,  
in a Brioche Bun, Served with House Fries (1.1,3,6,7,10,12)

## FRESHLY BATTERED FISH OF THE DAY €25.00

With Tartare Sauce, Mushy Peas & House Fries (1.1,3,4,7,10,12)

## ARRABBIATA MACARONI €19.50

Italian Tomato Sauce with Spicy Chilli Peppers (1.1,3,4,7,12)

**Add Chicken €2.95    Add Prawns €4.65**

ALLERGENS: 1. 1. GLUTEN (1.1 WHEAT, 1.2 RYE, 1.3 BARLEY, 1.4 OATS), 2. CRUSTACEANS (2.1 CRAB, 2.2 PRAWNS, 2.3 LOBSTER, 2.4 CRAYFISH),  
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# MAINS

AVAILABLE 4.00PM - 10:00PM

## CHICKEN CURRY €23.50

Mango & Banana Chutney, Steamed Basmati Rice & Poppadom  
(1.1,6,9,12)

## BUTTERNUT SQUASH CURRY €21.95

Mango & Banana Chutney, Steamed Basmati Rice & Poppadom  
(1.1,6,9,12)

# PIZZA

AVAILABLE 4.00PM - 10:00PM

## THE GRAND MARGARITA €17.00

Tomato, Fresh Mozzarella, Fine Olive Oil, Fresh Basil (1.1,6,7,9,12)

## SPICY DIABLO €18.50

Chicken, Chorizo, Salami, Sweetcorn, Chilli, Red Onion, Hot Honey,  
Tomato, Cheese (1.1,6,7,9,12)

## SOUTH BANK MARKET PIZZA €18.50

Tomato, Mozzarella, Goats Cheese, Roast Red Peppers, Rocket,  
Red Onion (1.1,6,7)

### ADDITIONAL TOPPINGS - €1.20 Per Item

Bacon, Ham, Salami, Pepperoni, Cajun Chicken, Roast Chicken, Chorizo

### ADDITIONAL TOPPINGS - €1.00 Per Item

Feta Cheese, Goats Cheese, Cheddar Cheese, Mushrooms, Peppers,  
Onion, Sundried Tomato, Pineapple, Rocket, Red Onion, Sweetcorn

# SIDES

AVAILABLE 4.00PM - 10:00PM

## HOUSE FRIES (1.1,6) €5.95

## CHEF'S SELECTION OF VEGETABLES (7) €5.95

## BATTERED ONION RINGS (1.1,6,7) €5.95

## GARLIC CIABATTA BREAD (1.1,6,7) €5.95

## PARMESAN TRUFFLE FRIES (1.1,6,7) €7.95

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## SWEET TREATS

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<b>STICKY TOFFEE PUDDING</b>	<b>€8.95</b>
Vanilla Ice Cream & Raspberry Compote (1.1,3,7)	
<b>WHITE CHOCOLATE &amp; RASPBERRY PANNA COTTA</b>	<b>€8.45</b>
White Chocolate Ganache, Crunchy Tuile (1.1,3,7)	
<b>WARM BREAD &amp; BUTTER PUDDING</b>	<b>€8.95</b>
Crème Anglaise & Fruit Compote (1.1,3,7)	
<b>CHOCOLATE FUDGE MARQUISE</b>	<b>€9.95</b>
Orange Syrup, Bitter Chocolate Brittle & Blood Orange Sorbet (3,7)	
<b>POACHED FRUIT COMPOTE &amp; CUSTARD PAVLOVA</b>	<b>€8.95</b>
Crème Anglaise, Fresh Irish Vanilla Cream (3,7)	
<b>FRESH LOCAL STRAWBERRIES &amp; CREAM</b>	<b>€8.95</b>
Homemade Shortbread Biscuits (1.1,7)	
<b>SELECTION OF ICE CREAM</b>	<b>€8.60</b>
Served in a Wafer Basket (1.1,3,7)	
<b>CHEF'S SELECTION OF THREE IRISH CHEESES</b>	<b>€14.45</b>
Fresh Berries & Grapes, Celery Sticks, Assorted Biscuits & Fruit Chutney (1.1,3,7)	

## HOT BEVERAGES

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<b>AMERICANO</b>	<b>€4.40</b>
<b>ESPRESSO</b>	<b>€4.40</b>
<b>DOUBLE ESPRESSO</b>	<b>€4.40</b>
<b>CAPPUCCINO (7)</b>	<b>€4.50</b>
<b>LATTE (7)</b>	<b>€4.50</b>
<b>FLAT WHITE (7)</b>	<b>€4.50</b>
<b>HOT CHOCOLATE (7)</b>	<b>€4.50</b>
<b>POT OF TEA FOR ONE</b>	<b>€4.20</b>
<b>POT OF TEA FOR TWO</b>	<b>€6.00</b>

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# Our Local Suppliers



● Longford



● Offaly



● Kilkenny



● Dublin



## Meats

Doyle Meats, Rathcoole



## Fruit & Veg

Keelings Farm, St.

Margaret's

G.D.I Harford, Lusk

Morning Fresh, Rush

Mark Archer, Rush

McCormack's Farm, Co.

Meath

Iona Farm, Oldtown

Fowlerstown Strawberries,

Stamullen



## Fish

Kish Fish, Howth

Wright's Fish, Marino



## Dairy

Tirlan, Co. Kilkenny



## Grains

Goodness Grains, Co.

Longford

Hope Stoud Bread,

Kilbarrack

BiaSol Oats, Co. Offaly

New Roots Nut Farm

Cathal Regan Hazelnuts,

Garristown



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