

SERVED FROM
8.00AM - 4.00PM

PASTRIES

Freshly Baked Daily

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| Selection of Pastries
(1,1,3,7) | €4.50 |
| Homemade Plain or Fruit Scones
Served with Fresh Cream and Preserves
(1,1,3,7) | €4.95 |
| Blueberry or Chocolate Muffin
(1,1,3,7) | €4.50 |

HEALTH & ENERGY

Protein Packed & Naturally Delicious

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| Overnight Oats
With Greek Yoghurt and Berry Compote
(1,1,7) | €5.50 |
| Chocolate & Almond Protein Balls
(1,1,6,8,1) | €4.95 |
| Peanut Butter & Banana Protein Muffin
(1,1,4,5,6,7) | €4.95 |
| Pumpkin Seed Vegan Flapjack
(1,4,5,8,12) | €4.20 |

AÇAÍ BOWLS

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| Classic Açaí
Açaí blended with Banana and Mixed Berries, topped with Granola, Strawberries, Blueberries, Coconut Flakes, Honey Drizzle
(1,1,7) | €7.95 |
| Tropical Açaí
Açaí blended with Mango and Pineapple, topped with Kiwi, Passionfruit, Coconut Chips, Chai Seeds
(7) | €8.50 |
| Protein Power Bowl
Açaí blended with added Plant Protein, topped with Almond Butter, Cacao Nibs, Banana, Pumpkin Seeds
(6,7,8,1) | €8.95 |

SMOOTHIES

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| Protein Power
Banana, Whey Protein, Almond Milk, Peanut Butter (1,1,3,7) | €6.95 |
| Berry Antioxidant
Blueberry, Raspberry, Chia, Oat Milk (1,1) | €6.95 |

SERVED FROM
10.00AM - 10.00PM

SWEET TREATS

Sticky Toffee Pudding €8.95

Vanilla ice cream &
raspberry compote (1,3,7)

Tangy Lemon Cake €4.50

Light sponge, zesty curd (1,1,4,7)

Fresh Local Strawberries & Cream €8.95

Buttery shortbread (1,1,7)

Chocolate Fudge Marquise €9.95

Orange syrup, bitter chocolate brittle &
blood orange sorbet (1,3,7)

Poached Fruit Compote & €8.95

Custard Pavlova

Crème anglaise, fresh Irish vanilla cream
(3,7)

PLEASE ASK YOUR SERVER FOR DAILY SPECIALS

SERVED FROM
5.00PM - 10.00PM

SNACK SELECTIONS

A perfect pairing to unwind, share & enjoy

Mediterranean Salad €14.50

Creamy feta, vine-ripened cherry tomatoes,
crisp cucumber, marinated jumbo olives, &
oregano-infused olive oil
(6,7,10,12)

Warm Tortilla Chips with Dips €13.95

Crisp tortilla served with house-made spicy
guacamole & zesty tomato salsa
(1,1,6,9,10,12)

Mini Charcuterie Selection €13.95

A curated assortment of artisan cured
meats, complemented by crisp crackers &
chef's seasonal accompaniments
(1,1,3,4,6,7,10,12)

**Chef's Selection of
Three Irish Cheeses** €14.45

Fresh berries & grapes, celery sticks,
assorted biscuits & fresh chutney
(1,3,7)

HOT BEVERAGES

AVAILABLE ALL DAY

Americano	€4.40
Espresso	€4.40
Double Espresso	€4.40
Cappuccino (7)	€4.50
Latte (7)	€4.50
Flat White (7)	€4.50
Frappé (7)	€4.70
Hot Chocolate (7)	€4.50
Pot of Tea For One	€4.20
Pot of Tea For Two	€6.00
Selection of Flavour Syrups Available	€0.50
Milk Alternatives Soya, Almond, Oat, Coconut	€0.50

ALLERGENS:

1. GLUTEN (1.1 WHEAT, 1.2 RYE, 1.3 BARLEY, 1.4 OATS),
2. CRUSTACEANS (2.1 CRAB, 2.2 PRAWNS, 2.3 LOBSTER, 2.4 CRAYFISH),
3. EGGS, 4. FISH, 5. PEANUT, 6. SOYBEANS, 7. MILK,
8. NUTS (8.1 ALMONDS, 8.2 HAZELNUTS, 8.3 WALNUTS, 8.4, CASHEWS, 8.5 PECAN NUTS, 8.6 BRAZIL NUTS, 8.7 PISTACHIO NUTS, 8.8 MACADAMIA NUTS, 8.9 PINE NUTS) 9. CELERY, 10. MUSTARD,
11. SESAME SEED, 12. SULPHUR DIOXIDE & SULPHATES, 13. LUPIN,
14. MOLLUSCS (14.1 MUSSELS, 14.2, OYSTERS, 14.3 SQUID, 14.4 SNAILS)

ALL BEEF IS OF IRISH ORIGIN UNLESS OTHERWISE STATED. WHILST ALL PRECAUTION IS TAKEN WHILE PREPARING FOOD IN OUR KITCHENS, OUR KITCHEN IS NOT A NUT AND GLUTEN FREE ENVIRONMENT.



MALAHIDE,
CO. DUBLIN

THE GRAND HOTEL

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