

Membership Costs 2025

	Registration Fee	Annual Fee (12month term)	Monthly Fee (30days only)	Monthly fee RCP/DD (min term 3 months)
Adult Individual <i>Times: Mon-Fri 6.30am to 9.45pm, Sat. 8.00am to 8.45pm, Sun. 9.00am to 8.45pm</i>	€50	€760	€90	€80 each month
Adult Couple <i>Times: Mon-Fri 6.30am to 9.45pm, Sat. 8.00am to 8.45pm, Sun. 9.00am to 8.45pm</i>	€50	€1,380	€160	€150 each month
Off Peak <i>(Mon-Fri, 8am-4pm)</i>	€50	€560	€60	€55 each month
Off Peak Couple <i>(Mon-Fri, 8am-4pm)</i>	€50	€960	€110	€100 each month
Junior (15-18yrs) <i>(Gym Mon-Thurs Open-6pm & Fri-Sun Open-8pm. Pool everyday to 8pm)</i>	€50	€460	CLOSED	
Child (5-15yrs) <i>(Sorry, closed, waiting list available to members only. Note: no children in Pool after 7pm)</i>		€360		

Please note all memberships are subject to t&c's and offered at management discretion.

Arena Health and Fitness Club - Rules

General

- Membership of the Arena Health and Fitness Club (hereafter known as the 'Club') entitles the Member to use of all available facilities in the centre except where restrictions apply.
- Membership is granted at the discretion of the Management and commences after full payment of the membership fee.
- Members must be eighteen years of age or over.
- The Club may terminate a Membership at any time, without obligation to provide a reason, but a proportionate refund of the Membership fee may be made.
- Membership may not be frozen and is non-transferable (including between family members).
- Membership cards remain the property of the Club. Loss of a card must be reported.
- Membership cards must be presented on every visit to the Club. There is no admittance without a valid Membership card.
- If membership is deemed to have expired if not renewed within 30 days of the expiry date. To rejoin the Club the Member must re-apply and pay the initial registration fee if accepted.
- Members are obliged to comply with all reasonable and lawful instructions from Club staff.
- Management reserve the right of admission and may at any time require a Member or Guest to leave the premises.
- Management may close all or parts of the Club for maintenance and improvement work.
- Management reserve the right to vary at any time the Rules, Membership fees, opening hours and the facilities available.
- The Club accepts no liability for any property that may be lost, damaged or stolen, either in the Club or the Carpark.

Health and Safety

- Members must familiarise themselves with emergency exits and comply with all safety notices that may be posted.
- No smoking in the Club at any time. Food and drink are allowed in designated areas only.
- No-one under the influence of alcohol or drugs will be admitted to the Club.
- A health evaluation is given to all Members before they may use the Club. This is not a medical examination and Members retain the primary responsibility for ensuring their own well-being. Members should always consult their own doctor for professional advice on any fitness program.

Guests

- Members may invite one guest. There is an admittance fee payable for each guest.
- There will be a guest fee for any classes or activities provided.
- Guests may not use the Gymnasium.
- Guests must always be accompanied by their member sponsor.

Children

- A child membership is only granted in association with an adult Membership. A child is 1-17 inclusive. A child's sub will automatically lapse if adult sub lapses.
- Children must be accompanied and supervised by the adult member.
- There are restrictions on the times when children may use Club facilities.
- A swim test must be completed by each child before using the pool. The test will comprise of swimming one length unaided, without stopping and some basic safety tests. Passing the swim test means a child may swim unaccompanied when there is a Lifeguard on duty.
- Children under 16 years are not allowed in the Sauna or Steam Room.
- No children may use the Gymnasium.

Swimming Pool, Steam Room, Sauna and Jacuzzi

- Bathing caps, suitable swimwear and footwear must be worn.
- Diving is strictly prohibited.
- Children who have not passed the Swim Test must be accompanied by a parent or guardian.
- Members and Guests must observe and comply with any notices and signage displayed.

Gymnasium and Aerobics

- Members will be given instruction on all equipment. Do not use equipment without instruction.
- Time limits may be set on certain machines.
- A towel must be used in the Gyms. In both Gyms and Aerobics room appropriate attire and supportive footwear must be worn.
- No glass containers are allowed. in the Gyms or Aerobics room.
- The Aerobics room is only available during class times.
- Aerobic class times are subject to change, notices will be posted. A minimum of 2 persons is required for a class.

Liability

- Members will recognise that this facility was built in compliance with all standards pertaining in 1997. The Member uses the Club facilities at their own risk. The Club accepts no responsibility whatsoever, whether in tort or in contract, for any loss, injury or damage whatsoever sustained by a Member. The Member accepts responsibility for use of any and all facilities, equipment, machines, services whatsoever at their own risk and indemnify and hold harmless the Club, it's staff, directors, agents or representatives from any and all loss, claim, injury, damage or liability sustained or incurred by the Member or their property however caused.