

Route 1: Malahide Castle

Distance: 6.23 km (3.87 miles) Inclination: Moderate

Directions:

- Leave Hotel by Pedestrian gate at Main Entrance, turn left onto Grove Road.
- Follow Grove Road which curves right onto Church Road junction and turn left.
- Continue on Church Road until signs for Malahide Castle & Avoca and then turn right onto Back Road.
- Take first entrance into Malahide Castle Grounds and run perimeter track. You will cross main vehicular entrance after 100m, cross car parking area to remain on perimeter track.
- After passing the Cricket Grounds, turn right to return to Castle entrance.
- Turn left to return to Hotel via Back Road and Grove Road.



Route 2: Malahide Estuary

Distance: 3.73 km (2.32 miles) Inclination: Flat

Directions:

- Leave Hotel by Pedestrian gate at Main Entrance, go toward the town but cross the road at the first Pedestrian crossing to join St. James's Terrace at the Garda Station.
- Follow St. James's Terrace taking a left turn at the sea and continue straight ahead, passing the Green and going under the Railway bridge to join the Sea Road along the inner Estuary.
- At 1.5km, turn left at Malahide Yacht Club for 0.5km and turn left onto Yellow Walls Road.
- Follow Yellow Walls Road until it joins the main Malahide Road and turn left toward the Village.
- Proceed through the Village to return to the Grand Hotel.





Route 3: Malahide Coast and Portmarnock

There are three attractive options to choose from, the Map is on the following page.

Option A - Malahide Coastal Path to Portmarnock Roundabout

Distance: 10.46km (6.5miles) Inclination Flat

Directions:

- Leave Hotel by Pedestrian gate at Main Entrance, turn right to follow the Coast Road toward Portmarnock, use the path to the left of the road.
- Continue straight through Portmarnock town to the 5.26km mark at the small roundabout and return by same route.

Option B—Malahide Coastal Path to Portmarnock Roundabout returning via Paddy's Field

Distance: 10.72km (6.66miles) Inclination: Moderate

Directions:

- Leave Hotel by Pedestrian gate at Main Entrance, turn right to follow the Coast Road toward Portmarnock, use the path to the left of the road.
- Continue straight through Portmarnock town to the 5.26km mark at the small roundabout and return by same route through Portmarnock town.
- When passing the Martello Tower go another 500m and when you see the open field and railings on your left hand side, carefully cross the road to join the Paddy's Field track.
- Follow the track toward the Rob's Wall estate and enter that estate to join its access road to re-join the main coastal road back to the Grand Hotel.

Option C—Malahide Coastal Path to Portmarnock Beach

Distance: To Beach 6 km (3.72miles) Beach Run 8km (4.98miles) Total 14km (8.7miles)

Inclination: Flat

Directions:

- Leave Hotel by Pedestrian gate at Main Entrance, turn right to follow the Coast Road toward Portmarnock, use the path to the left of the road.
- Continue straight to Portmarnock Beach and either return or extend run onto Beach.

Route 3: Malahide Coast and Portmarnock



Alternative route via Paddy's Hill.

This run continues along Portmarnock's Strand Road, through Portmarnock village (one mile from seafront). Turning point at Portmarnock roundabout and return using the same route.

